

Constitution for Community HeARTs



1. Name and Purpose

- 1.1. The name of the group shall be "**Community HEARTS.**"
- 1.2. The purpose of the group is to foster a supportive and inclusive environment for individuals of all abilities to come together, share experiences, and participate in activities aimed at promoting physical, mental, and emotional well-being.

2. Membership

- 2.1. Membership is open to all individuals regardless of age, gender, race, religion, or ability.
- 2.2. Membership shall be limited to 30 individuals to ensure effective participation and engagement.
- 2.3. Members are expected to attend regular meetings and actively contribute to the group's activities.
- 2.4. Members shall respect the diversity and individual differences within the group.

3. Meetings

- 3.1. Regular meetings shall be held on [Thursday] at a location accessible to all members.
- 3.2. Meetings may include discussions, presentations of our services, fundraising events, workshops, guest speakers, and recreational activities aimed at promoting wellness.
- 3.3. Members unable to attend meetings in person may participate virtually, provided suitable accommodations are made.

4. Governance

- 4.1. The group shall elect a Chairperson, Secretary, and Treasurer annually from among its members.
- 4.2. The Chairperson shall preside over meetings, facilitate discussions, and represent the group externally.
- 4.3. The Secretary shall maintain records of meetings, manage communications, and coordinate with members.
- 4.4. The Treasurer shall manage the group's finances, including budgeting, fundraising, and financial reporting.

5. Decision-Making

- 5.1. Decisions shall be made by consensus whenever possible.
- 5.2. In cases where consensus cannot be reached, decisions shall be made by a simple majority vote.
- 5.3. All members, regardless of ability, shall have equal opportunity to participate in decision-making processes.

6. Code of Conduct

- 6.1. Members shall treat each other with respect, dignity, and kindness at all times.
- 6.2. Discrimination, harassment, or any form of disrespectful behaviour shall not be tolerated.
- 6.3. Members shall maintain confidentiality regarding personal information shared within the group.
- 6.4. Any grievances or conflicts shall be addressed through open communication and mediation.

7. Amendments

- 7.1. This constitution may be amended by a two-thirds majority vote of the members present at a regular meeting, provided that notice of the proposed amendments has been given in advance.

8. Dissolution

8.1. In the event of dissolution, any remaining assets shall be distributed to charitable organisations or initiatives promoting wellness and inclusivity, as determined by the members.




9. Adoption

9.1. This constitution shall be adopted upon agreement by the founding members and shall come into effect immediately.

10. Ratification

10.1. This constitution shall be ratified by the signatures of the founding members

- 10.1.1. Debra Sweeney (Chair) &;
- 10.1.2. Pamela Hulme (Vice Chair) &;
- 10.1.3. Tracy Shone (Administrator)

		
Debra Sweeney Chair	Pamela Hulme Vice Chair	Tracy Shone Administrator

Date: Monday 10th February 2025